

Reading to dog is an easier way for a child to be friends with a book

Psychologist, caniterapist

Joana Grygutis

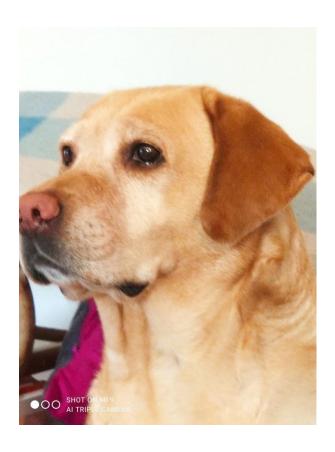
CC0 license

Dog, man's best friend



The term "Kynotherapy"

In Latin canis - dog



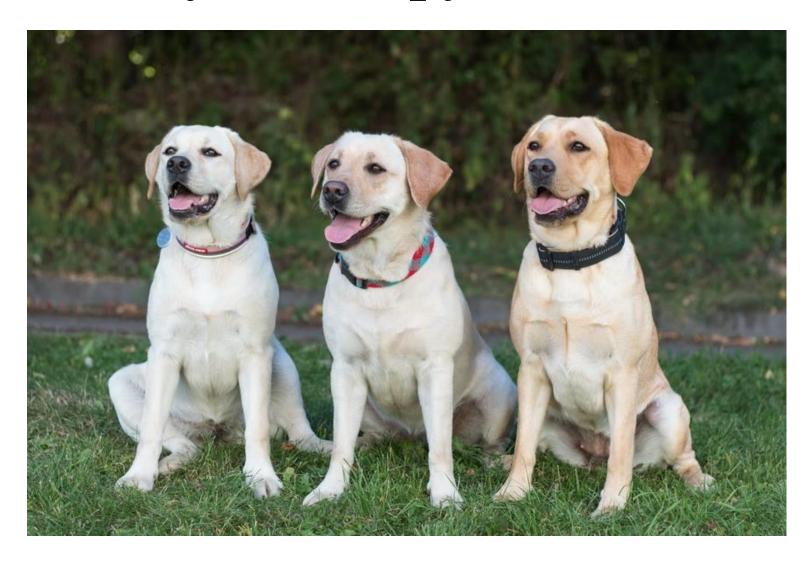
In Greek therapeia - treatment, nursing



Kynotherapy



Kynotherapy levels



Level I - Meetings with the dog

- Human-dog encounter;
- One-time activity;
- Triggering positive emotions.



Level II - Educational activities with a dog

- Purposeful, planned, structured activities;
- Focus on educational goals,
- Improvement of cognitive functions,
- Development of social skills;
- The goal is to increase motivation for education.



Level III - Kynotherapy

- Long-term activities;
- The goal is to achieve better physical fitness, improved mental health, cognitive development, increased social skills;
- A specially trained dog is used to enhance motivation.



Documents of a kynotherapist submitted to an educational institution (Lithuania)

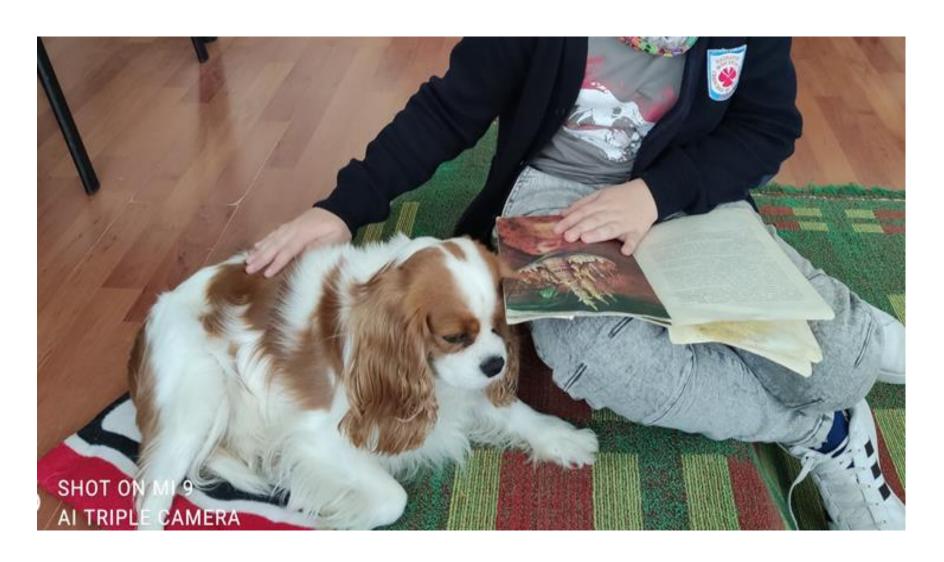
- 1. Proof of qualification to practice as a cynotherapist;
- 2. Certificate of qualification of the dog;
- 3. Passport for the animal with current vaccinations;
- 4. Permission from the State Food and Veterinary Service to operate.

Requirements for an educational institution

- 1. Written consent of parents (guardians);
- 2. Provision of suitable premises for the activity.

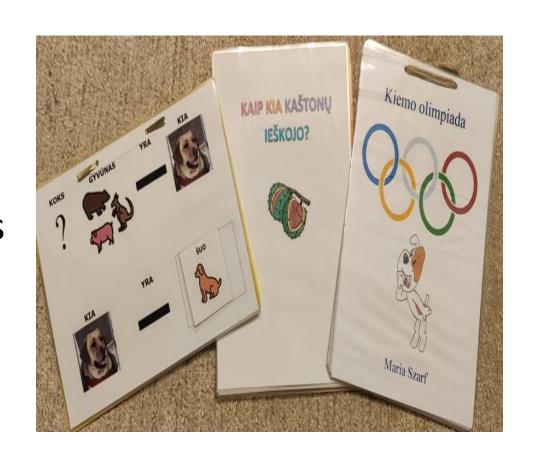


Reading with a dog



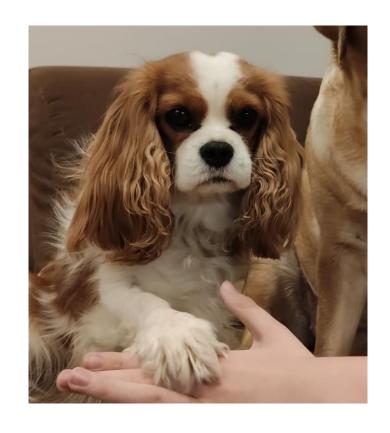
Benefits of reading for child development

- Vocabulary is getting wider and richer;
- There is an improvement in writing skills;
- Critical and analytical thinking skills are developed;
- Creativity is developed;
- Positively influences the child's emotional stability and expression.



Reading difficulties can lead to lower motivation to learn

- Rejection;
- Low self-esteem;
- Less motivation to engage with written sources;
- Lack of reading comprehension;
- School exclusion from peers.



Reading with a dog - a unique experience

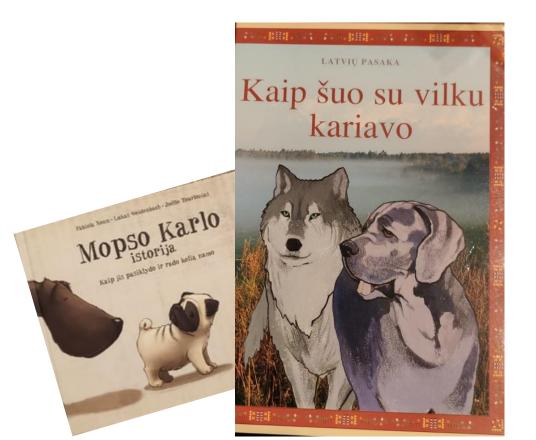
Safe and non-frustrating environment

- + a specially trained dog
 - + a book tailored to the individual needs of the child
 - + lower stress levels
 - = friendship with a book



Structure of the session

- Ritual;
- Reading a book selected according to the individual interests or needs of the child;
- Discussion of the text read;
- Practical exercises to consolidate the reading;
- Performing exercises to consolidate comprehension of the read text with the participation of the dog;
- Completion of the activity.



Expected results

- Increased self-confidence;
- Increased motivation;
- Positive changes in learning;
- Reduced levels of anxiety about the activity.



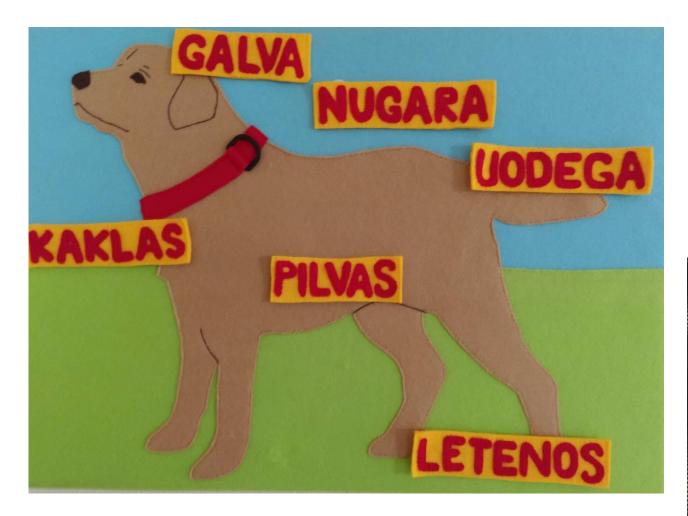




RESOURCES USED DURING CLASSES









Šuns mokykla









THANK YOU FOR YOUR ATTENTION

WWW.KANITERAPIJA.EU